

Online Application: Due 6/4/23

Football Interest Information Packet

All participants planning to join our football program you will be required to turn in a physical no later than June 6th, 2023. Your athlete may attend summer workouts if a current physical is on file prior to the first day of summer workouts. **ALL PAGES MUST BE COMPLETED WITH SIGNATURES & DATES TO BE ALLOWED PARTICIPATION IN WORKOUTS AND/OR PRACTICE.** Physicals can be uploaded via rankone into our computer database system. Please do NOT turn in direct physicals to our staff to retain. Please follow the below URL <https://www.rankonesport.com/content/Parent/Parent>

Summer Workouts:

Summer workouts will be offered in June and July. Two days will be offered in June (Tues & Weds) starting June 6th, 2023, from 7:45am to 11:45 am and in July (Mon, Tues, & Weds) ranging from the same time. These workouts and practices are highly encouraged as they are a vital component to building a program, strengthening, and conditioning our athletes, increasing skill, as well as playbook comprehension and retention.

Season Practice Template:

First Official practice will be July 25th, 2023, which will be our acclimation period. Player safety is the number one priority in our program, during this acclimation period, players will practice **five** consecutive days in only a helmet and workout apparel to acclimate to the temperament climate to ensure they can withstand the weather appropriately. Those practices will begin at 3:45pm-5:45pm (parents are responsible for transportation during summer workouts and sole week of acclimation). Athletes will be transported by bus during the school year.

Program Building:

For the first time ever, Woodland Middle and Redtop Middle will merge to assemble a Middle School football team. Our HS & MS staff will work collaboratively together to build continuity to create a successful schematical program utilizing the same terminology, verbiage, as well as offensive and defensive systems. They will practice alongside our HS athletes utilizing our practice field while the HS uses the game field. They will also have a separate locker room dedicated solely for MS football athletes to diffuse and eliminate fear, anxiety, and/or hazing in younger players.

Player Information QR Codes:

Scan and complete the following QR codes associated with your child's upcoming grade.

Please Join the REMIND Class for the players graduation year.

8th Grade: CO 2028

QR Code Below or
Text @wmsftb28 to 81010



7th Grade: CO 2029

QR Code Below or
Text @wmsftb29 to 81010



6th Grade: CO 2030

QR Code Below or
Text @wmsftb30 to 81010



Basic Skills required for our football program:

- Committable and Dependable
- The desire and positive attitude of wanting to be a part of a team.
- Able to be coachable- ability to listen and follow instruction.
- Learning and comprehending schemes
- Basic football knowledge
- Attentive
- A ton of ENERGY & EFFORT

Basic equipment and apparel needs:

- Athletic shoes AND practice cleats
- Girdle
- Socks

ALL OTHER EQUIPMENT IS ISSUED BY FOOTBALL STAFF

Financial Responsibilities

Woodland football does NOT receive any financial assistance from Woodland or Redtop Middle School. Program expenses have been communicated in recent meetings and are fairly inexpensive in regard to running a football program, but we have a plethora of fundraising opportunities to reduce out of pocket expenses for our student athletes. The uniform player fee is \$250.

- All football players must participate in fundraising activities
- Excessed fundraising can compensate fee cost for student-athletes.

Junior Wildcat Football

THE FEEDER PROGRAM FOR Woodland High school

Please scan QR code & complete for each child in the program

2023 JR WILDCAT PLAYER INFO



